

# An Education In Love Series

## Group 2 - Developing My Loving Self

Session 1		Description
<b>My Facade</b>	<b>An Education In Love &amp; Developing My Loving Self</b>	Purpose of these series of assistance groups Group 1: Developing My Desire To Love Group 2: Developing My Loving Self
	<b>Recognising My Three Selves</b>	Revision of the three selves: The façade self and its characteristics The hurt self and its false beliefs The real self and its development  The relationships between each self and: Humility, truth and love Receiving God's Love
	<b>Recognising My Facade</b>	How does my façade: Relate to addiction? Create sin? Live in surrealism or unreality? Block the giving and receiving of love? Block the giving and receiving of truth? Demonstrate a total lack of humility?  Recognising the façade in action
	<b>Deconstructing My Facade</b>	Obtaining intellectual awareness Obtaining emotional awareness The problem with judgement Masking or maintaining superiority Masking or maintaining inferiority Confronting the façade in daily living
	<b>Personal &amp; Group Feedback</b>	Jesus & Mary give personal truth about: recognising my façade deconstructing my façade
	<b>Homework</b>	Examine my own: demands & expectations judgement of my own or others hurt superiority & inferiority feelings

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Session 2		Description
<b>My Hurt Self</b>	<b>Session 1 Review &amp; Homework</b>	Examine my own: demands & expectations judgement of my own or others hurt superiority & inferiority feelings
	<b>Desiring The Experience Of Emotional Truth</b>	What is the true state of humility The façade self's resistance to emotion The hurt self's resistance to emotion Understand how the hurt self was involved in the creation of the façade Understand how the façade responds to the hurt self's desires
	<b>The State Of My Hurt Self</b>	What is the state of the hurt self while it does not humbly experience emotion? What is the state of the hurt self while it humbly experiences emotion? Why the hurt self cannot understand or accept God's Truth Why the hurt self must release its own personal state of 'truth' by feeling in order to grow What to avoid while feeling my hurt self
	<b>Feeling My Hurt Self</b>	Feeling 'hurt' but being in the façade Practical suggestions to feeling hurt self Actions to assist me to feel the hurt self Decisions to make in order to feel the hurt self
	<b>Personal &amp; Group Feedback</b>	Jesus & Mary give personal truth about: desiring a state of humility intellectual 'knowing' before feeling emotion feeling the 'hurt' of addictions not met actions taken to avoid feeling the hurt self
	<b>Homework</b>	In what ways have I: Acted in the hurt self's demand to avoid? Fallen into the trap of intellectual awareness? Acted upon the hurt self's false beliefs instead of embraced the hurt self's emotion?

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Session 3		Description
<b>My Real Self</b>	<b>Session 2 Review &amp; Homework</b>	<p>In what ways have I:</p> <ul style="list-style-type: none"> <li>Acted in the hurt self's demand to avoid?</li> <li>Fallen into the trap of intellectual awareness?</li> <li>Acted upon the hurt self's false beliefs instead of embraced the hurt self's emotion?</li> </ul>
	<b>Recognising My Real Self</b>	<p>What is my real self?</p> <p>What is the state of the real self?</p> <p>What is the real self disposed towards?</p> <p>Development or discovery?</p> <p>What did God create in me?</p> <p>What am I responsible to develop?</p> <p>How long will the development of my real self take?</p> <p>How receiving God's Love is essential for the development of the real self</p>
	<b>Connecting To My Real Self</b>	<p>Practical ways to connect to your real self</p> <p>Actions to take to live in real self</p> <p>Changing my life in order to live in reality</p>
	<b>Completely Feeling My Real Self</b>	<p>Humankind's ignorance of the complete soul</p> <p>My personal ignorance, resistance, and rejection of my real self</p> <p>States of rejection of the real self, including;</p> <ul style="list-style-type: none"> <li>Competition</li> <li>Power struggles</li> <li>Opposing addictions and façade</li> <li>Opposing demands and expectations</li> <li>Co-dependency</li> </ul> <p>Deep humility required to allow completely feeling my real self</p> <p>Why full development of self is impossible without God's Love</p>
	<b>Expressing My Real Self In The World</b>	<p>Conclusion to Group 2</p> <p>"Developing My Real Self"</p> <p>What education in love did I receive?</p> <p>Encouragement to develop my real self while living in the world</p>

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Group Format		
<b>8¼ Day Format</b>	<b>Friday</b>	Arrival in evening Welcome presentation at 7:00pm
	<b>Saturday</b>	Session 1 - Day 1 Theme: My Façade Start time: 10:30am End Time: 4:10pm
	<b>Sunday</b>	Session 1 - Day 2 Theme: My Façade Start time: 11:00am End Time: 3:40pm
	<b>Monday</b>	Rest and reflection day
	<b>Tuesday</b>	Session 2 - Day 1 Theme: My Hurt Self Start time: 10:30am End Time: 4:10pm
	<b>Wednesday</b>	Session 2 - Day 2 Theme: My Hurt Self Start time: 11:00am End Time: 3:40pm
	<b>Thursday</b>	Rest and reflection day
	<b>Friday</b>	Session 3 - Day 1 Theme: My Real Self Start time: 10:30am End Time: 4:10pm
	<b>Saturday</b>	Session 3 - Day 2 Theme: My Real Self Start time: 11:00am End Time: 3:40pm
	<b>Sunday</b>	Departure